

My personal learning-objectives for today			

What I want to remember:

Leadership & people development

Feedback and Coaching one-on-one

- What is coaching / what it's not
- Give effective feedback

Assess the gaps and set objective(s)





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	Coaching beyond Success	
Plan Progress		

Coaching skills

Coaching tips

What I commit to do





A draft of coaching road-map for Khun

STEP 1: Assess the gaps and set coaching objectives

Career or performance improvement need:					
Current performance / behaviour	Target performance / behaviour				
Current performance / benaviour	rarget performance / benavious				
Possible root-cause(s)					
S.M.A.R.T. coaching objective					
Progress-indicator(s)					





STEP 2: Plan Progress

Reso	urces needed (includii	ng time, people, etc)	Available?	
			☐ Yes ☐ No	
			☐ Yes ☐ No	
			☐ Yes ☐ No	
			☐ Yes ☐ No	
			☐ Yes ☐ No	
Obstacles, difficulties on the way				
	Focus	Actions	Milestones/dates	
Session 1	Α	В	С	
Session 2	Α	В	С	
Session 3	А	В	С	
Celebration of achievement				

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NEXT STEPS: Work-out issues,



nspire

and

Nurture



Skills

- Build rapport and trust
- Treat coachee as a peer, not as a subordinate
- Listen with empathy
- Observe, watch for non-verbal messages
- Match "people's worlds" (verbal and body language, emotions)
- Ask open-ended questions
- Always provide honest feedback
- Give autonomy, allow to fail and help to rebound successfully
- Bring unconditional support / don't judge
- Recognize achievements, small and big
- Encourage, build-up self-confidence
- Assist in problem-solving
- Inspire with examples, experience ("mentoring"), success stories
- Nurture with methods, best practices, tips







Do's & don'ts of effective feedback (1/2)

DON'TS

- Provide feedback before subordinate makes self-assessment
- Judge the person
- · Engage in Win-Lose dialog
- · Design appraisal as a list of critics
- Express your feelings
- · Voice criticism only
- · Kill a compliment by saying 'but...'
- · Rule out criticism of hierarchy
- Disregard subordinate's environment
- · Judge only by numbers

DO'S

- · Ask for subordinate's self-appraisal first
- Assess performance on FACTS
- · Engage in Win-win dialog
- Design appraisal as situation analysis and problem solving work
- Balance positive comments & requests for improvement
- · Make all compliments specific
- Avoid « but » after a compliment
- Be open to receive criticism
- · Consider environment in appraisal
- Always stretch further your high-potential employees

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Do's & don'ts of effective feedback (2/2)

DON'TS

- · Focus on weak points only
- · Shy away from conflictual issues
- Manipulate subordinate
- Speak more than listen
- Dive into personal conflicts
- Want to change subordinate's personality
- · Stay at 'wish' stage
- · Avoid to conclude

DO'S

- Consider strengths and 'areas for development'
- · Talk about conflictual issues
- · Be straight-forward & respectful
- · Install a truthful dialog
- Avoid to discuss personal conflicts
- · Be realistic and engage in actions
- Make a synthesis of discussion and actions decided

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10 tips to become an effective coach of your subordinates

Oreate confidence, intimacy, motivation and set the rules of coaching sessions

Convince the executive he/she can improve him/herself.

Motivate on "how good it will feel to succeed".

Agree on rules of interaction during coaching sessions, in particular:

- you two are on equal footing, and fully committed to success
- absolute confidentiality is guaranteed
- you are ready to assume risks and mistakes, to help your subordinate grow
- both guarantee honest feedback at all time, even when it is unpleasant!
- remind that coaching helps executive finds solution him/herself

Do not postpone or shorten coaching sessions.

Clarify needs for improvement and coaching goals

Agree precisely with the executive what are his/her needs for improvement. Set coaching goal(s), which need(s) to be **stretching**, to ensure the subordinate changes his/her ways, and SMART:

- S Specific
- M Measurable
- A Attainable
- R Relevant
- **T** Time-bound

Break complex objectives into smaller ones.

List key-success factors, particularly in the subordinate's attitude.

3 Plan coaching sessions, each one with a specific outcome

Plan each coaching session, with a specific focus, tools/documents used and the expected outcome. Example:

Session focus	Actions	Milestone(s)
Project planning	Fine tune project objectives; articulate priorities and urgencies; anticipate difficulties and solutions; identify and gauge resources & costs; use planning tools (Gantt charts, etc)	A comprehensive planning of the project is built-up, with clear priorities and a Gantt chart; difficulties and solutions are assessed; resources and costs are presented





4 Ensure each coaching session is highly productive

Focus work on up-coming issues and get tangible results by the end of the session. Work under time-limits, to improve effectiveness.

Example of an effective coaching-session structure:

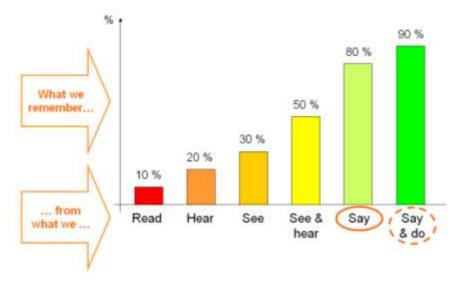


5 Encourage autonomy, at calculated risks

Allow to fail... and rebound successfully! Take responsibility for subordinate's mistakes.

6 Question, play roles to help executive solve issues him/herself

A solution not implemented is quickly forgotten, so your subordinate must find solutions to problems him/herself, and then execute.



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7 Illustrate with stories, your own and others

Consult bibliography below for inspiring books.

8 Measure progress and recognize success

Never miss an opportunity to say "well done"!

9 Take any set-back as a learning experience

Always remember that learning from mistakes is so valuable.

10 Ensure that your subordinate recognizes that he/she made the progress...

... so as that he/she gains confidence and autonomy! Then you both win!

Bibliography

- Winning (Jack Welsh; Harper Business)
- You can win (Shiv Kera; MacMillan)
- The Success Principles (Jack Canfield; Harper Element)
- Who moved my cheese? (Dr Spencer Johnson; Vermillion)
- The Angel Inside (Chris Widener)
- Now Discover your Strengths (Markus Buckingham; Pocket Books)
- Leadership and the one minute manager (Ken Blanchard; Harper Collins)
- Appreciative Coaching (Sara Orem et all; Jossey-Bass)
- The first 90 days (Michael Watkins; HBS Press)
- What got you here won't get you there (Marshall Goldsmith, Hyperion)

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- http://www.gsb.stanford.edu/news/audiovideo
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